

Daily Doses™



Dr. Kirk E. Manson
Chiropractic Physician

Clinical Applications

- Foundation Nutrition for a variety of protocols
- “Insurance” Formula for Wellness
- Poor Dietary Nutrient Intake
- Stressful Lifestyle

Daily Doses™ is a combination of four targeted nutritional formulas conveniently dose-packaged and providing comprehensive nutritional support. Daily Doses with Calcium™ contains extra calcium without iron. The formulas include Albion® chelated minerals, activated B vitamins, ORAC botanicals and fresh, pure, third-party assayed fish oils. Calcium is in the form of dicalcium malate and microcrystalline hydroxyapatite (MCHC).

All aaahh ChiroSpa® Formulas Meet or Exceed cGMP quality Standards

Discussion

Each cellophane wrapped package of Daily Doses™ contains the following aaahh ChiroSpa® supplements:

All-N-1™, a high quality, hypoallergenic, proprietary multivitamin- mineral blend in vegetable capsules featuring activated vitamin co-factors and patented Albion® chelated mineral complexes. All-N-1™ contains a balanced nutrient profile needed because vitamins and minerals work synergistically. Many nutrients in All-N-1™ (e.g. vitamins C and E, selenium, carotenoids) provide antioxidant protection and some (e.g. riboflavin, niacin, folic acid, B12) are needed to support Phase 1 detoxification.

Omega Pure 300 EC™, a highly concentrated oil that contains 180 mgs of EPA and 120 mgs of DHA in each highly absorbable, pleasant-smelling, natural vanilla, enteric coated softgel. The purity of these oils is the result of using the most advanced molecular distillation and chromatographic Super-Refining technology. Independent third party assay guarantees the stated amount of EPA/DHA is present. More importantly, the assay declares the absence of cholesterol, heavy metals, (e.g. mercury), rancidity, and contaminants such as pesticides and PCBs. Vitamin E as mixed tocopherol is added to prevent rancidity and ensure maximum freshness.

Oraxinol™, an innovative blend of botanicals contains RosemarinX™ derived from rosemary, and BerrX™, from a variety of berries. The technique known as “ORAC”, “Oxygen Radical Absorbance Capacity” measures antioxidant capacity. The units of an ORAC value are expressed as micromoles Trolox equivalents per gram of a substance. Consuming an average of 5-9 servings of a variety of fruits and vegetables per day yields 6000 Trolox Equivalents. This same amount is supplied by just 2 capsules (1000mg) of Oraxinol™.

Daily Doses with Calcium™ also contain:

Ossopan MD™ supplying 350 mgs/package of calcium from MCHC is composed primarily of calcium, but also contains phosphorous, organic factors, protein matrix, growth factors and a full spectrum of trace minerals that naturally comprise healthy bones. It is in a vegetable capsule.

www.aaahhchirospa.com

aaahh ChiroSpa
1804 Carlisle Boulevard NE
Albuquerque, NM 87110
505-884-0044

Daily Doses™



Supplement Facts

Serving Size: 2 packets
Servings Per Container: 30

	(4) Multivitamin Formula Capsules	(2) Antioxidant Formula Capsules	(2) Omega-3 Formula Softgels	(2) Bone Support Formula Capsules
	Amount %DV*	Amount %DV*	Amount %DV*	Amount %DV*
Calories			18	
Calories from Fat			18	
Total Fat			2 g 4%	
Vitamin A (as mixed carotenoids and cis-retinol palmitate)	7500 IU 150%			
Vitamin C (as potassium ascorbate, zinc ascorbate, calcium ascorbate and sodium ascorbate)	250 mg 417%			
Calcium (as MCHC and di calcium malate)	100 mg 10%			700 mg 70%
Vitamin D3 (as cholecalciferol)	200 IU 50%			
Vitamin E (as d-alpha tocopherol succinate, mixed tocopherols)	200 IU 667%		20 IU 66%	
Vitamin B1 (as thiamine mononitrate)	20 mg 1333%			
Vitamin B2 (as riboflavin 5 phosphate)	20 mg 1176%			
Vitamin B3 (as niacinamide, niacin)	63 mg 315%			
Vitamin B6 (as pyridoxal 5 phosphate)	20 mg 1000%			
Folate (as folic acid, 5-formyl tetrahydrofolate)	400 mcg 100%			
Vitamin B12 (as methylcobalamin)	500 mcg 8333%			
Biotin	1000 mcg 333%			
Pantothenic Acid (as d-calcium pantothenate)	200 mg 2000%			
Iodine (as potassium iodide)	100 mcg 67%			
Magnesium (as di magnesium malate)	100 mg 25%			
Zinc (as zinc bis-glycinate chelate)	13 mg 87%			
Selenium (as selenium glycinate)	100 mcg 143%			
Copper (as copper bis-lysinate)	1 mg 50%			
Manganese (as manganese bis-glycinate chelate)	500 mcg 25%			
Chromium (as chromium nicotinate glycinate)	500 mcg 417%			
Molybdenum (as molybdenum glycinate)	50 mcg 67%			
Potassium (as potassium glycinate and potassium ascorbate)	99 mg 3%			
Inositol	36 mg **			
Choline (as choline dihydrogen citrate)	36 mg **			
PABA	13 mg **			
Vanadium (as vanadium nicotinate glycinate chelate)	750 mcg **			
EPA (eicosapentaenoic acid)			360 mg **	
DHA (docosahexaenoic acid)			240 mg **	
RosemarinX™ and Berr-X™ (standardized to provide 6000 TE/g)		1000 mg **		

* Daily Value.

** Daily Value not established.

Other Ingredients for Multivitamin Formula: HPMC (vegetable capsule), stearic acid, silicon dioxide, magnesium stearate.

Other Ingredients for Antioxidant Formula: Cellulose, magnesium stearate.

Other Ingredients for Omega-3 Formula: Gelatin, glycerin, purified water, enteric coating and vanillin.

Other Ingredients for Bone Support Formula: Cellulose, magnesium stearate and stearic acid.

References

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5. Worthington V. Nutritional quality of organic versus conventional fruits, vegetables, and grains. *J Altern Complement Med*. 2001 Apr;7(2):161-73. [PMID: 11327522]
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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

